

sinful lives. They are **inviting** AIDS into their lives. They are **flirting** with death.

Babies are the innocent ones getting AIDS from their infected Mothers during birth. Eighty percent (80%) of newborn babies who die in some large African cities die of AIDS.

A GUIDE TO PREVENTING AIDS

1. The best way to avoid AIDS is to stay faithful to your husband or wife.
2. The more sex partners one has, the greater the risk of having sex with someone who has AIDS.
3. The more partners your partner or partners have, the greater the risk that you will be infected. When people fall into immorality, they have a good chance of getting AIDS.
4. Avoid sex with prostitutes and drug users.
5. Avoid getting injections with used needles or used syringes.
6. If a woman has AIDS, she should not become pregnant. A child born to her would have a one out three chance of getting AIDS and would therefore die.
7. If you need a blood transfusion, first find out if the blood has been tested for AIDS.
8. It is not safe to use unsterilized equipment for ear-piercing, tattooing, or facial marking.

Note: It is not possible to get AIDS from those who have it by hugging them, giving them an ordinary kiss or shaking their hand. Coughing and sneezing will not spread the disease. The AIDS virus cannot be spread by toilet seats, telephones, plates, glasses, spoons, towels, bed linen, swimming pools or public baths.

Do not be terrified of AIDS. It is a terrifying disease, but if you are informed about AIDS, you will know how to prevent it.

REMEMBER- YOUR BEST DEFENSE AGAINST AIDS IS TO LIVE A CHRISTIAN LIFE.

When you live a Christian Life, you will not be having an immoral sex life. Immorality and Christian living don't mix!

Read this and share this information with someone else.

This material was compiled by Connie Sheffler from information found in "FACTS for LIFE" produced by UNICEF, WHO and UNESCO, AIDS in GHANA by National AIDS/STD Control Program - Ministry of Health, R. N. Magazine and Evangelical Missions Quarterly Magazine.

Christian Leadership Training Institute
Box DD168
Dodowa, Accra
GHANA

AIDS

BE INFORMED!

You have probably heard about AIDS. You know that it is a bad disease, but what do you really know about it?

I want to help you understand what it is, how it works, how it makes a person feel and what you can do to keep from getting AIDS.

The disease of AIDS was first discovered and diagnosed in 1981. Since that time many scientists and doctors around the world have been studying the disease to try to find a cure, but no cure has been found. AIDS is just like a death sentence because there is no cure available! Yes, be sure to understand that **although 17 years have passed since AIDS was first discovered, there is still no cure for it!**

AIDS has now been reported in more than 160 countries of the world and it is spreading everyday! At the end of 1994, the World Health Organization (WHO) estimated that around 18 million adult men and women and about 1.5 million children have been infected with the HIV virus that causes AIDS. It further projects that by the year 2000 a total of 30 to 40 million people will have been infected with the virus and there will be 10 million adults dying of AIDS. About 1/3 of all babies born of women infected with HIV are themselves infected and eventually die. By the year 2000 the World Health Organization predicts that there will be 5 to 10 million AIDS orphans. These are children whose parents have died with AIDS.

By the end of 1994, almost 400,000 Ghanaians had been infected with HIV. Just