

sin. The Apostle Paul wrote, "*But if we judged ourselves, we would not come under judgment. When we are judged by the Lord, we are being disciplined so that we will not be condemned with the world.*" (1 Cor 11:31-32) Anyone who does not submit to the discipline of Jesus and repent of his sins will be condemned with the world (John 6:53-56).

## CONCLUSION

Jesus commanded it. The apostles taught it. The first Christians observed it every Sunday. Scripture, historians and Bible scholars all agree that the Lord's Supper was the main purpose of the assembly of believers during the first 200 years of Christianity. While the Roman Catholic Church twisted and destroyed the true meaning and practice of the Lord's Supper, the reformers, such as Martin Luther, understood its real meaning and tried to restore it to its original practice of every Sunday. Those who give reasons for limiting its observance do not understand its purpose, its benefits or its practice. Those who observe it every Sunday find it a privilege to celebrate and not a hardship to endure. Although Jesus did command it, sincere Christians do not find it to be a duty. The Lord's Supper is a special fellowship with our Saviour that we should enjoy every Sunday.

Compiled by Bob Sheffler with information from a book by Alger Fitch titled "*A Case for the Lord's Supper every Lord's Day.*"

for more copies contact:

Christian Leadership training Institute  
Box DD168  
Dodowa, Accra  
Ghana

# THE LORD'S SUPPER

## HOW OFTEN SHOULD WE REMEMBER?

### INTRODUCTION:

The Bible does not use the word Communion. However it does talk about the *Lords Supper* and the *Breaking of Bread*. From the very beginning of the Church, both biblical and other records of history record that Christians regularly participated in a simple meal of bread and drink as an act of worship.

Christians observe this simple meal because Jesus said, "*do this in remembrance of me.*" (Luke 22:19) The fact that he said **do** makes it a command and not a matter of choice. However, a sincere Christian will not take it as a command but as a privilege. One way to identify a Christian is in his or her regular participation in the Lord's Supper as an act of thanks-giving and worship. For many, the Lord's Supper is the center of the worship service.

Its purpose is to remind us of the most valuable gift God has ever given to us, the forgiveness of our sins through the sacrifice of Jesus on the cross. The bread reminds us of his body which was broken for us. The drink reminds us of his blood shed on the cross to pay the penalty for our sins.

It is easy to forget the blessings of an event unless we have a regular plan or schedule whereby we remember. For this reason many celebrate in a special way their birth and/or their marriage on the day of the year that it occurred. The question I want us to consider in is, "How often should Christians remember the blessings of Jesus' sacrifice on the cross through the Lord's Supper?" Some are doing it once a year, some once every three months (a quarter), some once a month, some occasionally without any schedule and some every Sunday. Does it make a difference in our Christian life? And, more importantly, does it make a difference to our Lord Jesus Christ?

